

NEPSAY Skills Competition

The Skills Competition is open to any players from NEPSAY leagues who would like to participate. A player may participate in more than one event in the competition.

There are three (3) events in this competition. Descriptions and rules for each event are as follows:

Event #1: Distance Kicks

Each participant will kick five (5) soccer balls from the ground in a stationary position. The ball will be marked at the spot in which it first hits the ground. The participant that kicks the farthest will be declared the winner.

Event #2: Accuracy Shooting

Each participant will kick five (5) soccer balls from the ground in a stationary position from a designated distance* over a set obstacle toward a regulation soccer goal. The participant must clear the ball over the obstacle and score for the goal to count. The participant scoring the highest number of goals will be declared the winner. In the event of a tie each participant will continue to kick three (3) soccer balls from the designated spot until a winner is declared.

*Designated Distance by Age Group: U8 &U10- Ten (10) yards out; U12- Twelve (12) yards out; U14 & U16- Twenty-two (22) yards out.

Event #3: Speed Dribbling

Each participant will dribble a soccer ball through cones placed five (5) yards apart. The participant must not miss a cone and the ball must be in control at all times. If a cone is missed the participant will be disqualified for that run. Each participant will take two (2) runs at the course. The clock will start when the participant touches the ball and ends when the participant crosses the finish line. Each age group will have a designated distance* for this event. The player with the fastest time, without missing a cone will be declared the winner.

*Designated Distance by Age Group: U8 & U10- Forty (40) yards; U12- Sixty (60) yards; U14 & U16- Eighty (80) yards.